

**THE MOST IMPORTANT
THING WE DO IS PROVIDE
THE BEST HEALTHCARE
AND MEDICAL SERVICES
FOR OUR PATIENTS
IN A CARING AND TIMELY WAY**

For any further
information on your
appointment or our services,
please call our booking office
number on

0113 249 4655

or email us on

email@livingcare.co.uk

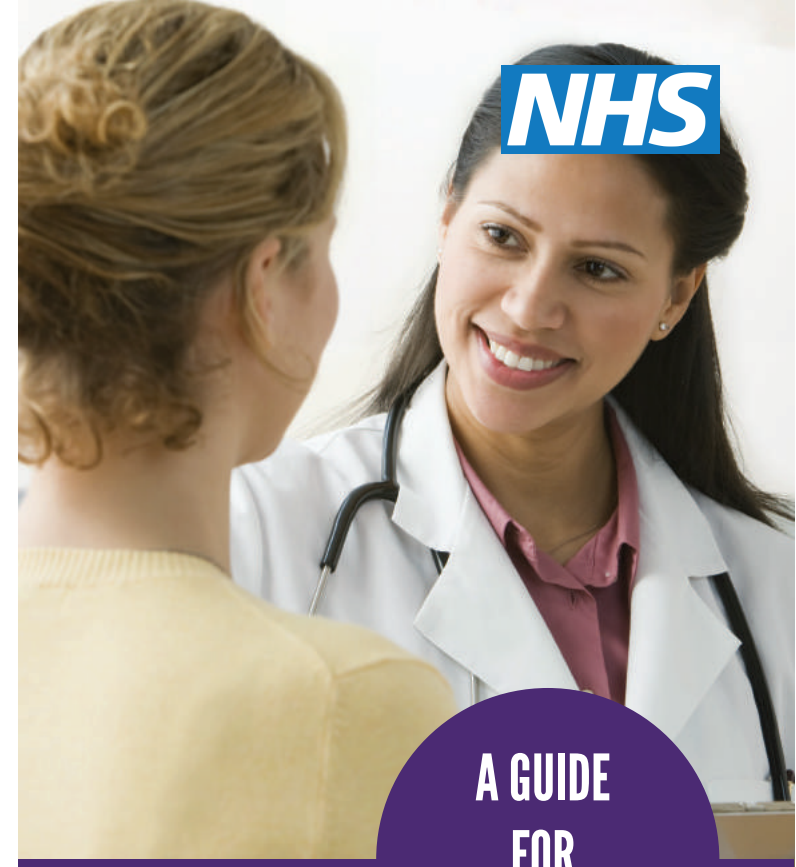
where our friendly and
efficient staff will do
their very best
to assist you



**YOU CAN FIND ALL INDIVIDUAL CLINIC MAPS,
DIRECTIONS AND BUS ROUTES ON
WWW.LIVINGCARE.CO.UK
UNDER 'PATIENTS'**



LivingCare is the trading name for Fountain Diagnostic Limited and Leodis Care Limited. Fountain Diagnostic Limited whose registered office is at 96 Marsh Lane, Leeds LS9 8SR and registered number is 05814528. Leodis Care Limited whose registered office is at 5-7 East Park Road Leeds LS9 9JD and registered number is 06442564



**A GUIDE
FOR
PATIENTS**

FLEXIBLE CYSTOSCOPY

YOUR APPOINTMENT AT LIVINGCARE.



FLEXIBLE CYSTOSCOPY PATIENT INFORMATION.

A cystoscopy is a test to find out the cause of bladder problems such as blood in the urine, difficulties passing urine and other bladder conditions that do not show up on an X-Ray.

The test involves an inspection of the bladder using a thin, flexible telescope called a cystoscope. This is passed up the tube which urine leaves the body (urethra) and into the bladder.

PREPARING FOR YOUR CYSTOSCOPY.

You should have a bath or shower before you come to the clinic.

Please bring your own dressing gown.

Please do not empty your bladder prior to your appointment as you will be asked to provide a urine sample before the test to check for any sign of infection.

WHAT SHOULD I EXPECT ON THE DAY?

On admission you will be greeted by a nurse who will check your details, ask you some brief questions about your medical history and record your blood pressure and pulse.

The doctor performing the procedure will then talk you through the test and you can ask any questions that you may have. You will then be required to sign a consent form.

DURING THE PROCEDURE.

The test usually takes about five minutes, but please allow one hour for your visit.

The procedure is not usually painful although there may be some discomfort. A local anaesthetic gel is applied directly to the urethra and the cystoscopy is then carefully advanced up the urethra into the bladder.

When the test is complete, the cystoscope is removed smoothly and easily. You will probably feel the need to pass urine afterwards as the bladder has been filled during the test.

AFTER THE PROCEDURE.

You will be taken to the recovery area and asked to provide another sample of urine. You will then be offered a drink of water, and after a short rest you will be given discharge information and you can ask any more questions you may have before being allowed to go home.

SIDE EFFECTS.

The flexible cystoscopy is performed routinely and is generally a safe procedure. Mild and temporary side effects may be:

- Stinging on passing urine for a couple of days after the test.
- Small amount of discomfort which should settle after a few hours.
- A small amount of blood in urine which should clear up over a couple of days.

RARE SIDE EFFECTS.

There may be unexpected problems that can occur during or after the test, which most people will not experience:

- Urinary tract infection or inflammation.
- Rarely there is temporary swelling of the urethra after the test. If this does not resolve itself it may mean you need a catheter (thin tube) inserted temporarily to empty the bladder until swelling goes down.
- Very rarely, damage to the urethra and bladder may occur. This can lead to bleeding and infection which may require treatment with medication or surgery.
- In a few cases, it is not possible to complete the test and it has to be repeated at a later date.

The chance of complications depends on many factors such as what the initial health problem was and your general health.

**MISSED PATIENT APPOINTMENTS
ARE COSTING THE NHS
A HUGE 7 BILLION POUNDS
PER YEAR!**

If you are unable to make your appointment - please contact us on **0113 249 4655** or text **07713 198617** and we will happily rearrange or cancel for you.



