

**THE MOST IMPORTANT
THING WE DO IS PROVIDE
THE BEST HEALTHCARE
AND MEDICAL SERVICES
FOR OUR PATIENTS
IN A CARING AND TIMELY WAY**

For any further
information on your
appointment or our services,
please call our booking office
number on

0113 249 4655

or email us on

email@livingcare.co.uk

where our friendly and
efficient staff will do
their very best
to assist you



**YOU CAN FIND ALL INDIVIDUAL CLINIC MAPS,
DIRECTIONS AND BUS ROUTES ON
WWW.LIVINGCARE.CO.UK
UNDER 'PATIENTS'**



LivingCare is the trading name for Fountain Diagnostic Limited and Leodis Care Limited. Fountain Diagnostic Limited whose registered office is at 96 Marsh Lane, Leeds LS9 8SR and registered number is 05814528. Leodis Care Limited whose registered office is at 5-7 East Park Road Leeds LS9 9JD and registered number is 06442564



**A GUIDE
FOR
PATIENTS**

EAR, NOSE, THROAT
YOUR APPOINTMENT AT LIVINGCARE.



EAR, NOSE THROAT

PATIENT INFORMATION.

LivingCare's community ear, nose and throat (ENT) service is consultant led and provides specialised treatments that have been developed in partnership with Leeds Teaching Hospitals.

The ENT service diagnoses and treats all types of problems and diseases of the ear, nose and throat.

LivingCare has a first class clinical team including four trained consultants, five GPs with specialist interest, together with specialist ENT nurses and audiometry support which is provided by the Hearing and Balance Centre from Leeds Teaching Hospitals.

In addition we provide a hearing aid repair service at Thorpe Park Clinic operated by Leeds Teaching Hospitals on a weekly basis.

OUR FACILITIES.

The consulting rooms are equipped with special ENT trolleys and microscopes to treat and diagnose ENT conditions. There is an audiology suite with a sound-proofed booth in which hearing tests and assessments are undertaken for people from 5yrs to Adults.

Some treatments and investigations are carried out on the same day so please allow 1 1/2 hours for your appointment time. You will be able to drive after any procedure.

We can provide interpreters via Language Line if English is not your first language. A hearing loop is in place and available all around the building for those patients who require it. Please let the team know if you have any special requirements and we will be pleased to help.

There is a disabled access toilet close to the reception desk.

Free parking is also available on site.

As part of the service we offer, we work with volunteer services, such as Action on Hearing, who offer monthly drop-in clinics for free batteries, retubing with hearing aids and help with any concerns.

For more information about this, you can visit:
www.actiononhearingloss.org.uk/heartohelp 020 7296 8000

CONDITIONS TREATED.

EAR:

Glue Ear, Wax removal, Earache, Aural discharge, Infections, Otitis externa and media, Deafness, Tinnitus and Balance problems including vertigo.

NOSE:

Epistaxis, Nasal obstruction, Nasal polyps, Rhinitis and rhinosinusitis, Sinusitis, Snoring, Allergy Testing

THROAT:

Recurrent tonsillitis, Hoarseness, Sore throat, Lump in throat/globus, Snoring

WHAT TO EXPECT AT AN ENT CONSULTATION.

Upon attendance at the ENT clinic, a medical history will be taken by the clinician to confirm your symptoms. This will include your past medical history and any medication that you are currently taking. (It is helpful to bring a list with you to your appointment). All of these details are recorded in your medical notes should you require further treatment or an operation for your medical condition. There will be an examination of your medical condition which can include some or all of the following:

EAR EXAMINATION:

An Otoscope is an instrument used to examine the ears and illuminate the ear drum. On occasions the ear drum and canal may need to be viewed under magnification for which a microscope is used. If it is necessary to remove wax or debris from the ear canal, suction may be used.

HEARING TESTS - BY THE AUDIOLOGIST:

Either before or after your consultation with the Doctor or Nurse you may have a hearing test. This involves going into a sound proof booth and listening to various sounds through headphones and pressing a button. This may aid your Doctor in making a clearer diagnosis. If you have small children you may need somebody with you to look after them while you have the test.

NOSE EXAMINATION:

To look at the front of the nose a simple speculum together with illumination from a headlight is used to visualise the nasal passages. For further examination into the nose a Nasendoscope (flexible camera) will be used and local anaesthetic may be given to make the procedure more comfortable.

THROAT EXAMINATION:

An external examination will involve feeling the neck glands. To see inside your mouth a tongue depressor and illumination from a headlight is used to see the back of your tongue and tonsil area. A Nasendoscope may be used as previously described.

You may eat and drink normally before all of the ENT examinations. If a local anaesthetic is used, this is by spray only and we advise you to avoid eating or drinking for 1 hour following your anaesthetic (you will be given advice by the Doctor or nurse in clinic). Please ensure you allow 1 ½ hours for your appointment.

If you have any concerns or questions, please ask a member of staff before you leave the clinic.

Other investigations that may be required are scans, X-Rays, blood tests or the fitting of hearing aids. We can arrange this for you from our clinic and may involve you attending an appointment at another location.

WHEN WILL I GET MY RESULTS?

Results from a hearing test or Nasendoscope procedure will be discussed with you at your first appointment. Any additional tests will be discussed at a follow up appointment or you may receive a letter indicating that we have discharged you back to your GP. Your GP will be kept informed of your progress.

**MISSED PATIENT APPOINTMENTS
ARE COSTING THE NHS
A HUGE 7 BILLION POUNDS
PER YEAR!**

If you are unable to make your appointment - please contact us on **0113 249 4655** or text **07713 198617** and we will happily rearrange or cancel for you.

