

**THE MOST IMPORTANT  
THING WE DO IS PROVIDE  
THE BEST HEALTHCARE  
AND MEDICAL SERVICES  
FOR OUR PATIENTS  
IN A CARING AND TIMELY WAY**

For any further  
information on your  
appointment or our services,  
please call our booking office  
number on

**0113 249 4655**

or email us on

**email@livingcare.co.uk**

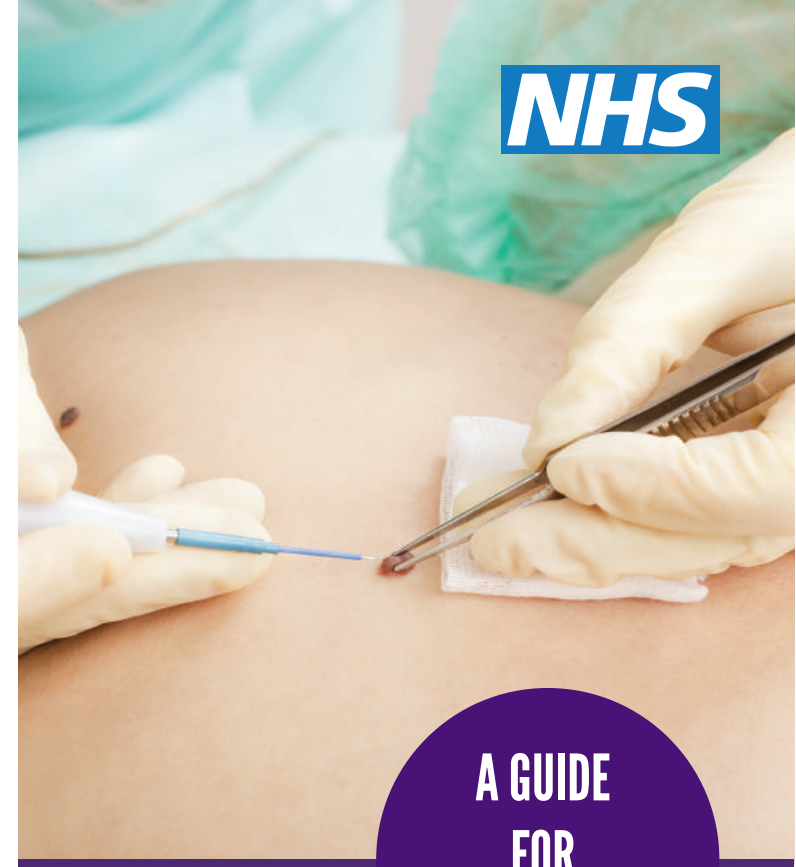
where our friendly and  
efficient staff will do  
their very best  
to assist you



**YOU CAN FIND ALL INDIVIDUAL CLINIC MAPS,  
DIRECTIONS AND BUS ROUTES ON  
[WWW.LIVINGCARE.CO.UK](http://WWW.LIVINGCARE.CO.UK)  
UNDER 'PATIENTS'**



LivingCare is the trading name for Fountain Diagnostic Limited and Leodis Care Limited. Fountain Diagnostic Limited whose registered office is at 96 Marsh Lane, Leeds LS9 8SR and registered number is 05814528. Leodis Care Limited whose registered office is at 5-7 East Park Road Leeds LS9 9JD and registered number is 06442564



**A GUIDE  
FOR  
PATIENTS**

*MINOR SURGERY*

**YOUR APPOINTMENT AT LIVINGCARE.**



# MINOR SURGERY PATIENT INFORMATION.

Your GP has referred you for an operation by one of our GP minor surgery specialists. Minor surgery covers procedures such as the removal of lumps and bumps (including sebaceous cysts), injections into joints, removal of toenails and cautery.

Procedures are performed under local anaesthetic therefore your recovery will be swift. You may eat and drink as normal prior to your operation. You will be

The staff will make every effort to see you on time so please arrive promptly for your appointment. You should allow up to 30 minutes for the surgery; there may also be a short waiting time. It will be necessary to partially undress

## WHAT TO BRING WITH YOU.

- Your appointment letter
- A list of your current medication

## SMOKING.

It would be helpful if you do not smoke on the morning of your operation. This will allow oxygen to travel more freely around your body.

## PARKING.

There is a free car park on site.

## AFTER YOUR OPERATION.

The staff will inform you about any side effects and the amount of rest needed after your surgery. Usually patients are advised to take the rest of the day off work.

## FOLLOW UP APPOINTMENTS.

A further follow-up appointment may be necessary. This should be booked with your usual GP.

## TOE NAIL SURGERY PATIENTS ONLY.

Prior to your appointment you will need to make an appointment with your practice nurse to arrange dressing change for the day after your procedure.

Following the procedure you will have a bulky dressing applied to the toe and therefore you should bring an open toe sandal or a slipper to wear for the journey home. You should also expect to have to keep the affected foot elevated for the next 24 to 36 hours.

**MISSED PATIENT APPOINTMENTS  
ARE COSTING THE NHS  
A HUGE 7 BILLION POUNDS  
PER YEAR!**

If you are unable to make your appointment - please contact us on **0113 249 4655** or text **07713 198617** and we will happily rearrange or cancel for you.



